



What makes us Edinburgh?



SPORT

AMBITION BELONGING BELIEF

Sporting Success since 1866



SPORT

AMBITION BELONGING BELIEF

Today's Sport Stars



SPORT

AMBITION BELONGING BELIEF

Delivery of University Sport

SU EDINBURGH UNIVERSITY
SPORTS UNION



- Organised Club Sport
- Recreational Sport
- Coaching & Volunteering
- Sabbatical President
- 9 staff

- Facilities and services
- Fitness & Wellbeing
- Performance Sport
- Advocacy
- ~230 staff (inc. SEP)

- Teaching
- Research
- Academy of Sport



AMBITION BELONGING BELIEF



An active life

A bit more active a bit more often



SPORT

AMBITION BELONGING BELIEF

Our Active Lives Team

- Learn to Run
- Feel Good Walks & Social Cycles
- Just Play
- Take 5
- Events



SPORT

AMBITION BELONGING BELIEF

The Pleasance

- Over 20 gym and sport spaces
- 100+ station Cardio Gym
- Fixed, Cable & Free weights including the Eleiko Training Gym
- Functional training spaces - MyGym & Circuits Gym
- TRX, Boxing and Grappling Spaces
- Rowing Gym, Squash Courts, Sports Halls, Archery & Rifle Range



The Pleasance

- Open 6am to 10pm weekdays and 9am to 8pm weekends
- Approachable gym team on hand to offer support
- Over 100 exercises classes every week
- Licenced onsite PT's



The Wall at the Pleasance

- 8m Roped Climbing Tower with 75-100 routes
- Bouldering Wall with 60-80 problems
- Hire & Sale Items available
- Courses; Beginners, Improvers, Leaders
- Workshops: Yoga for Climbers, Climbing Movement, Physical Training Workshop for Climbers



SPORT



AMBITION BELONGING BELIEF

St Leonard's Land

- 25 metre, 6 lane pool
- Timetabled lane swimming
- Club training
- Sports Halls
- Free weights gym
- NPLQ lifeguard courses



SPORT

AMBITION BELONGING BELIEF

The Easter Bush Gym

- Access included for all our student members
- Small group exercise classes and outdoor boot camps
- Welcoming, fun and friendly environment
- Campus trim trail



SPORT



AMBITION BELONGING BELIEF

Peffermill

Our outdoor playing fields just a short distance from the city centre offering world-class hockey, grass and 3G pitches.

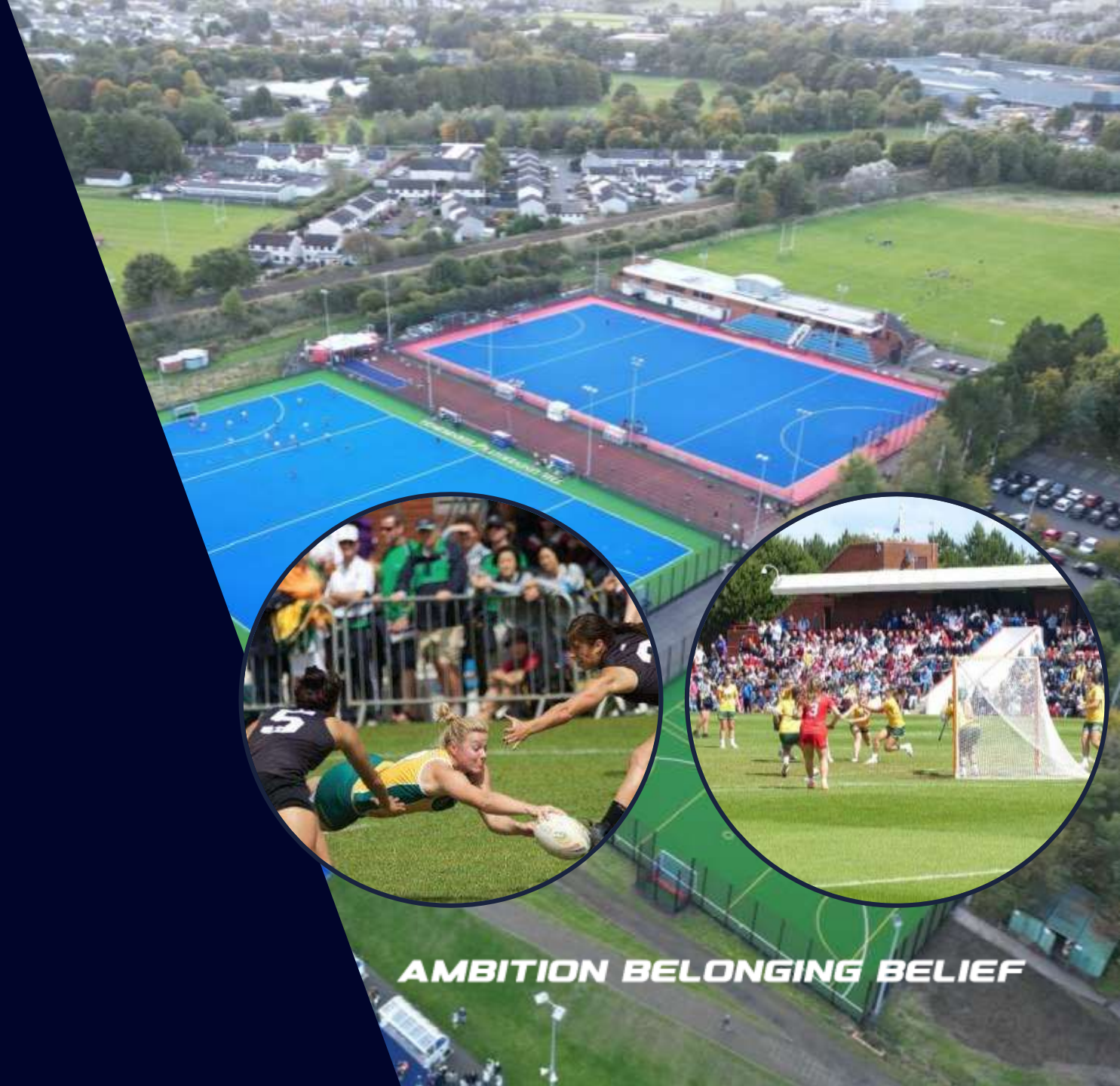
Used by sport clubs, student groups, National Governing Bodies and the wider community.



SPORT



AMBITION BELONGING BELIEF



Peffermill

- Two 3G pitches (FIFA and World Rugby approved)
- Eight grass pitches
- One Water based hockey pitch
- One Carbon Zero Dry hockey pitch
- Olympic Grade hockey carpets
- Hockey skills pitch
- Six 3G 5-a-side pitches
- Three outdoor netball courts
- Running Track
- Cricket nets and wicket
- Archery field
- Outdoor gym



SPORT

CrossFit1583

- Dedicated CrossFit Gym
- Staff and student memberships for £60 a month.
- Hyrox workshops



SPORT



AMBITION BELONGING BELIEF

Firbush Outdoor Centre

Our fully residential outdoor activity centre on the bank of Loch Tay

- Canoeing
- Kayaking
- Paddle boarding
- Windsurfing
- Sailing
- Hillwalking
- Mountain biking
- Yoga & Mindfulness Retreats



SPORT



AMBITION BELONGING BELIEF

Edinburgh Sports Clinic

Specialised appointments and workshops, designed to prevent, diagnose, treat and manage injuries:

- Physiotherapy
- Sports Massage
- Sports Medicine
- Pilates
- Podiatry
- AlterG Anti-Gravity treadmill



SPORT

AMBITION BELONGING BELIEF



Our Sports Union

A community of over 8000 students

Club Sport | Intramural Sport | Recreational Sport | Coaching and Volunteering



SPORT

AMBITION BELONGING BELIEF

Club Sport

A sense of community, belonging and home away from home.

We offer the largest student sport programme in Scotland



SPORT

AMBITION BELONGING BELIEF

American Football	Archery	Athletics	Badminton	Baseball	Basketball	Boxing	Brailian Jiu Jitsu	Canoe	Cheerleading and Dance
Chinese Martial Arts & Combat Sports	Clay Pigeon	Cricket	Curling	Cycling	Equestrian	Fencing	Flag Football	Football (Men's)	Football (Women's)
Futsal	Gaelic Football	Gliding	Golf	Gymnastics	Handball	Hare and Hounds	Hillwalking	Hockey (Men's)	Hockey (Women's)
Ice Hockey	Jiu Jitsu	Judo	Karate	Kendo	Kickboxing	Korfball	Lacrosse (Men's)	Lacrosse (Women's)	Motorsport
Mountaineering	Muay Thai	Netball	Orienteering	Padel	Polo	Rifle	Rounders	Rowing	Rugby (Ladies)
Rugby (Men's)	Sailing	Shinty	Skydiving	Snowsports	Squash	Sub-Aqua	Swimming & Water Polo	Table Tennis	Taekwondo
Tennis	Touch Rugby	Trampoline	Triathlon	Ultimate Frisbee	Underwater Hockey	Volleyball	Wakeboard & Water Ski	Weightlifting	Windsurfing & Surfing

Intramural & Recreational Sport

- Weekly leagues in Football, Netball, Basketball, Rugby, Squash, Tennis, Table Tennis, Volleyball & Hockey
- International Sports Club
- One-off fun sessions run by our clubs
- Sports tournaments such as Edinburgh Games
- No commitment to join a club, just come along for a fun study break!



SPORT

AMBITION BELONGING BELIEF

Coaching and Volunteering

- Funding for coaching and/or officiating courses
- Skills development through the Edinburgh Award
- Local, national and international volunteering opportunities



SPORT



AMBITION BELONGING BELIEF



Performance Sport

Supporting student athletes to success on the national and international stage



SPORT

AMBITION BELONGING BELIEF

Perform at the highest level

One of the most highly regarded of its kind in the UK our Performance Sport Programme enables athletes to achieve a world-class degree and perform to the best of their ability.

Each year we provide the essential support needed to achieve academic and sporting success to over 400 talented student athletes



SPORT



Athlete Support

We offer essential sporting and academic support for student athletes who are committed to succeeding on the international stage.

Elite Athlete Policy:

- We encourage applications from elite sports men and women and recognise the dedication and effort to reach the top
- We recognise the inspiring contribution made by sport by providing application flexibility for elite athletes..



AMBITION BELONGING BELIEF

Dedicated Performance Gym



SPORT

AMBITION BELONGING BELIEF

Athlete Support

- Strength & Conditioning (including tailored programmes and expert tuition)
- World-class sport-specific coaching
- Branded kit
- Sports Psychology
- Sports Nutrition
- Physiotherapy
- Anti-doping Education
- Academic Flexibility



SPORT

AMBITION BELONGING BELIEF

Athlete Support

Sport Scholarship funding is available including the new Sir Chris Hoy Scholarship Fund. The level of funding awarded to an athlete is based on a holistic approach looking at various factors, such as:

- Athlete performance level
- Academic fees
- Financial hardship
- Relative national and international competition level of the athlete's sport
- Relative cost of the athlete's sport
- Other support available to the athlete through internal and external programmes



SPORT

AMBITION BELONGING BELIEF

Get in touch

www.ed.ac.uk/sport



@uoesport/@uoesportsunion



SPORT

AMBITION BELONGING BELIEF